

## Programme Specification

### Award and title:

**BSc (Hons) Nursing (Adult)**

**BSc (Hons) Nursing (Mental Health)**

<i>School:</i>	Science, Technology and Health
<i>Subject area:</i>	Pre-registration Nursing
<i>Entry from academic year:</i>	2023-24
<i>in the month(s) of</i>	September
<i>Awarding institution:</i>	York St John University
<i>Teaching institution:</i>	York St John University
<i>Delivery location:</i>	York St John University
<i>Programme/s accredited by:</i>	Nursing and Midwifery Council
<i>Exit awards:</i>	Certificate of Higher Education Applied Health Sciences Diploma of Higher Education Applied Health Sciences BSc (Ord) Applied Health Sciences BSc (Hons) Applied Health Sciences Exit awards do not carry a recommendation for the award of Registered Nurse.
<i>UCAS code / GTTR / other:</i>	Nursing (Adult) B740 Nursing (Mental Health) B762
<i>Joint Honours combinations:</i>	Not applicable
<i>QAA subject benchmark statement(s):</i>	Nursing and Midwifery Council (NMC) (2018) Future nurse: Standards of proficiency for registered nurses. London, NMC.NMC (2018) Part 1: Standards framework for nursing and midwifery education. London, NMCNMC (2018) Part 2: Standards for student supervision and assessment. London, NMC.NMC (2018) Part 3: Standards for pre-registration nursing programmes. London, NMC. QAA Subject Benchmark statement for Health Studies (Nov 2019)
<i>Mode/s of study:</i>	<a href="#">Undergraduate periods of study</a> <sup>1</sup> for full time
<i>Language of study:</i>	English
<i>Paired with Foundation Year</i>	No
<i>Study abroad opportunities:</i>	No
<i>Opt-in YSJU Placement Year opportunity:</i>	No

### Introduction and special features

Nursing is a rewarding, challenging and fulfilling career. This programme will enable you to become a compassionate, competent, and confident nurse capable of leading safe, evidence-informed, person-

<sup>1</sup> The standard period of study will apply unless otherwise stated

centred care that makes a positive contribution towards people's health and wellbeing. Choose to study either Adult Nursing or Mental Health Nursing.

## **Adult Nursing**

As an adult nurse you will be involved in promoting health and preventing illness with people from a broad range of backgrounds. You will work with people who are very unwell, people who are recovering from illness or living with long term health challenges and caring for people who are dying. You will develop clinical skills so you can assess and monitor people's health and well-being and work sensitively with people's beliefs and values helping them to manage their health needs and achieve a good quality of life.

## **Mental health Nursing**

As a mental health nurse, you will work with people experiencing emotional distress and people who are extremely vulnerable, supporting them through recovery to independence and quality of life. You will develop caring, healing relationships with those in need of mental health support, helping them to find meaning and hope, re-establish a positive identity and overcome the challenges they face.

With our nursing degree you will be eligible to register as a nurse with the Nursing and Midwifery Council, the professional regulatory body for nurses and midwives and practise as a registered nurse.

## **Course summary**

### **Our Course**

With our 3-year full time programme you will spend half your time in practice placements and half on theoretical studies. Study on campus, online using our Technology Enhanced Learning resources, practice your skills in our Clinical Learning Unit and gain experience in work-based placements. Access support from Academic Assessors in the University and Practice Supervisors and Practice Assessors in practice placements. Small class sizes mean you will benefit from individual support from our highly experienced team. Coaching for learning will help you achieve your full potential.

### **Practice Placements**

Work-based practice placements will help you develop the skills you need for a successful nursing career. You will complete 2,300 hours of practice placement experience during the course. We offer practice placement experiences in the community, in GP practices, in residential care and in hospital environments for adult student nurses. Mental health student nurses can access placements in community, forensic and secure settings. You will work with people of all different ages in urban, rural and coastal communities with placements across North Yorkshire and the Humber Coast and Vale region.

### **Our integrative approach to nursing**

**Whole person:** We believe that human beings are whole systems inseparable from their environment, so we take an integrative approach to nursing which focuses on the person as a biopsychosociospiritual being with the capacity for health and healing.

**Inclusive & community focussed:** Integrative nursing is person centred and relationship based, emphasising inclusivity and togetherness. We support you to work in partnership to promote health and wellbeing with people from diverse communities in a range of different community and clinical settings. You will work to reduce inequality and promote social justice.

**Evidence-Based:** Integrative nursing is informed by evidence, so we encourage you to use the full range of therapeutic interventions skilfully, and we support you to actively engage in research in partnerships.

**Reflective Professional:** Integrative nurses are self-aware, so we coach you to reflect on your experience and set goals for your development. You will develop clinical and therapeutic presence, the ability to lead others, transform service and advocate for those in your care.

**Self-Care:** Integrative nursing focuses on the health and wellbeing being of those who give care as well as those they support. We teach you practical self-care skills to help you flourish in the face of challenges.

## Special features of our programme

**Whole person teaching and learning:** Learn to care for people in a holistic way using authentic case studies, simulation, technology enhanced learning and practice placement experiences.

**Coaching and Leadership:** Set learning goals, reach your full potential, support others and become a leader of nursing care. We offer coaching and leadership development across the 3 years of the nursing programme that emphasises personal development, coaching others and leading care.

**Biomedics & Genomics:** Develop the biomedical knowledge to deliver personalised therapies based on genomic screening and counsel patients and families. We have specialist Biomedical facilities and work with the Health Education England Genomics in Nursing Network.

**Research:** Contribute to nursing knowledge by being research active through initiatives such as the Students as Co-Researchers scheme which enables students to actively engage in research with patients and practice partners supported by academics at the University.

**Interprofessional learning:** Embrace interprofessional learning through classroom teaching and practice placements with staff and students from our Physiotherapy, Occupational Therapy and Biomedical Science and Biosciences programmes.

## Admissions criteria

To access our nursing programmes you will need to meet the entry requirements which are published on the programme specific webpage. In addition, you will need to meet the Nursing and Midwifery Council's (2018) requirements for selection. This includes completion of a declaration of Good Health and Good Character, Occupational Health and Disclosure and Baring Service (DBS) clearance.

You may also be able to access the course through [Recognition of Prior Learning](#).

For pre-registration nursing students studying on other pre-registration nursing programmes the Nursing and Midwifery Council permit recognition of prior learning that is capable of being mapped to the Standards of Proficiency for registered nurses and programme outcomes, up to a maximum of 50 percent of the programme in compliance with Article 31(3) of Directive 2005/36/EC.

For registered nurses, the Nursing and Midwifery Council permit recognition of prior learning that is capable of being mapped to the Standards of Proficiency for registered nurses and programme outcomes that may be more than 50 percent of the programme.

The Nursing and Midwifery Council require that any modules you wish to be considered during this process must come from another Nursing and Midwifery Council approved nursing programme.

You must complete the relevant mapping documents to access the nursing course via the Recognition of Prior Learning route. You can access these along with a flow chart to guide you through this process on the programme specific webpage.

If your first language is not English, you may need to take an IELTS test or an equivalent qualification accepted by the University (see <https://www.yorksj.ac.uk/international/how-to-apply/english-language-requirements/>).

## Programme aim(s)

The purpose of this programme is to provide you with an excellent education experience that enables you to become a compassionate, competent, and confident nurse capable of leading safe, evidence-informed, person-centred care that makes a positive contribution towards people's health and wellbeing.

Working in partnership with practice, this programme aims to:

- Provide a blend of theoretical and practical learning opportunities that enable you to develop your nursing subject knowledge, clinical and interpersonal skills.
- Support the development of your therapeutic self so that you can work in partnership with people to meet their biopsychosociospiritual needs.
- Coach you to become reflective and self-aware with the ability to lead and supervise others, transform services and advocate for those in your care.
- Provide opportunities for you to develop practical self-care skills that will enable you to flourish in the face of challenges.
- Offer research opportunities to develop you as an independent researcher.
- Enable you to be eligible to register as a nurse with the Nursing and Midwifery Council, the professional regulatory body for nurses and midwives and practise as a registered nurse.

## **Programme learning outcomes**

Upon successful completion of the programme you will be able to:

### **Level 4**

- 4.1 Recognise the professional, legal and ethical issues and their impact on safe, compassionate, person-centred nursing practise in accordance with Nursing and Midwifery Council requirements.
- 4.2 Assess whole person health across the lifespan, acknowledging people as biopsychosocialspiritual beings in the context of the communities and societies in which they live.
- 4.3 Seek and find appropriate evidence to inform the safe nursing care of people across the lifespan, applying systematic approaches to searching the professional databases.
- 4.4 Assess the biopsychosocialspiritual needs of people across the lifespan, integrating evidence with service user perspectives to formulate safe, person-centred plans of care.
- 4.5 Demonstrate self-awareness identifying how personal strengths, values and behaviours impact on the nurse's role in the healthcare team.

### **Level 5**

- 5.1 Reflect on practice and demonstrate professional conduct and behaviours in accordance with Nursing and Midwifery Council requirements.
- 5.2 Optimize whole person health through integrative nursing practise and co-production of care, building therapeutic relationships that emphasise inclusivity, togetherness, and healing.
- 5.3 Appraise appropriate evidence from professional sources, comparing literature from different perspectives to inform clinical decisions.
- 5.4 Plan and deliver safe, person-centred nursing care of people across the lifespan, using the full range of therapeutic interventions to support the healing process.
- 5.5 Contribute effectively to interprofessional teams communicating clearly and working in partnership with others to deliver safe, evidence-based, person-centred nursing care.

### **Level 6**

- 6.1 Reflect on practice critically, modifying personal practice and demonstrating professional conduct in accordance with Nursing and Midwifery Council requirements.
- 6.2 Critically appraise health from a global perspective, articulating the nurse's role in working with diverse populations for the transformation of integrated care systems and the promotion of social justice.
- 6.3 Contribute to the evidence base for the safe, person-centred nursing care of people across the lifespan demonstrating an awareness of the nurse's role in monitoring the quality of provision, service evaluation and improvement.

- 6.4 Evaluate nursing care for people with complex needs, identifying signs of deterioration and distress, acting safely, sensitively, and compassionately.
- 6.5 Lead the nursing care of people with complex, integrated care needs, collaborating with service users and colleagues in the inter-disciplinary team to ensure evidenced-based, person-centred provision with an awareness of national policies and in line with patient wishes.

### Programme structure

Code	Level	Semester	Title	Credits	Module status	
					Compulsory (C) or optional (O)	non-compensatable (NC) or compensatable (X)
NUR4001M	4	1 & 2	Human Science for Integrative Nursing	40	C	NC
NUR4002M	4	1	The Professional Nurse in Contemporary Health Care	20	C	NC
NUR4003M	4	2	Assessing Whole Person Health	20	C	NC
NUR4004P	4	1 & 2	Nursing Practice 1 (Pass/Fail)	40	C	NC
NUR5001M	5	1 & 2	Integrative Nursing for the Person with Health Challenges	40	C	NC
NUR5002M	5	1	Researching Whole Person Nursing	20	C	NC
NUR5003M	5	2	Optimizing Wellbeing Through Integrative Nursing	20	C	NC
NUR5004P	5	1 & 2	Nursing Practice 2 (Pass/Fail)	40	C	NC
NUR6001M	6	1 & 2	Contributing to Knowledge for Whole Person Nursing	40	C	NC
NUR6002M	6	1	Leading Care for the Person with Complex Needs	20	C	NC
NUR6003M	6	2	Integrative Nursing for Global Health	20	C	NC
NUR6004P	6	1 & 2	Nursing Practice 3 (Pass/Fail)	40	C	NC
NUR6005M	6	1&2	Transition to Registration	0	C	NC

It is a Nursing and Midwifery Council requirement that all modules must be non-compensatable. A non-compensatable module is one that must be passed with a mark of 40 in order to progress.

## **Learning, teaching and assessment**

Our approach to learning and teaching provides a blend of theoretical and practical learning opportunities that enable you to develop your nursing subject knowledge, clinical and interpersonal skills.

Our approach to learning is holistic and practice focussed. We teach biopsychosociospiritual aspects of nursing care in an applied, integrated way so our learning experiences are authentic and relevant to your nursing role. We explore the emotional and interpersonal aspects of learning that help you interact with others, together with the scientific aspects of nursing, that help you understand current treatments and therapies and advise on best evidence. We apply these principles in the clinical learning unit to help you practice clinical skills and whole person care in a safe environment and gain feedback on your approach before you go out into practice.

Our approach to learning is co-operative. You will work together in small groups with other students, building supportive relationships, reflecting on your experiences, and coaching each other to achieve your full potential. Coaching will support your learning in practice, develop your leadership and supervision skills and prepare you for professional revalidation once you are a registered nurse.

Our approach to learning is reflective. There is a focus on reflection to transform your understanding of yourself, of others and of the systems in which we exist. We support you to develop your professional identity by becoming self-aware, developing autonomy, self-direction and advocacy so you can support your patients and help them access the care they need. We encourage critical thinking to help you assess patients' needs and make nursing decisions. We encourage critical questioning of the health and societal structures that form the basis of the services people use so you can identify inequality and work for service improvement and social justice.

## **Teaching and Learning**

We adopt different methods of teaching and learning to promote your development and provide opportunities for you to gain the knowledge, clinical and interpersonal skills for whole person nursing.

- Lectures will be whole cohort – both Adult and Mental Health. They offer an overview of a subject or pose questions, dilemmas, and challenges for you to consider and explore in smaller groups.
- Field specific seminars (adult or mental health) enable you to discuss, develop and apply your understanding of topics covered in lectures to your own field of practice.
- Workshops will be in small field specific groups where you can work on scenarios, case studies and solve problems together.
- Individual and group tutorials provide opportunities for you to discuss your work and your progress with others.
- Coaching and reflection help develop your self-awareness, gain insight into your developing values, build your resilience and support others. Coaching also helps you set goals for your learning journey. Coaching for learning groups will be linked to your nursing practice modules and help you link theory and practice.
- Practical sessions provide opportunities for you to develop your skills and practice nursing procedures in a safe, controlled environment before going out into work-based placements.

We use Technology Enhanced Learning to create a varied learning experience. Virtual Learning Environments provide you with opportunities to learn through online lectures, discussion groups and online learning activities. You can also practice your nursing skills in the virtual world and develop your drug calculations and medicines administration skills electronically. There is an online portfolio to help you track your learning and review your achievements in work-based placements. Online library resources, such as nursing subject guides, databases and eBooks and eJournals are easy to access and help to support your study.

Your lectures, seminars and practical experiences will prompt you to explore nursing topics in more detail and you are expected to continue learning independently through self-directed study when not in timetabled sessions or work-based placements.

## Assessment and feedback

We use a range of different assessments that will be relevant to your nursing practice role. Each year you will complete:

A practical:

- Demonstrate your whole-person nursing assessment and care management skills in the clinical learning unit.

A health numeracy exam

- Demonstrate your calculation skills for the safe administration of medicines.

A presentation:

- Case study and population based. Tell us about people and communities you have been working with and caring for and how you have worked with them to promote their health and wellbeing.

A written assignment

- Reflect on your personal development, professional practice and on health care systems and society or write a research report.

A work-based assessment

- Demonstrate your nursing skills to your supervisor and assessor in clinical practice and keep a record in your portfolio.

During your course you will be asked to do 'formative' work that prepares you for assessment. This may be written or practical work or in the activities in the workplace. Formative work provides your academic and work-place assessors with opportunities to explore how you are doing and provides you with some feedback to support your development. It also offers you the opportunity to review your progress, identify your strengths and areas of growth and ask for support where you think you need it. We may also ask you to provide feedback to the other students as part of reflective learning and coaching activities. You may also be involved in teaching others.

## Progression and graduation requirements

The University's [general regulations](#) for undergraduate awards apply to this programme.

Any modules that must be passed for progression or award are indicated in the Programme Structure section as non-compensatable.

This programme does not permit the option to study part time to redeem progression failure in level 4 and 5 due to a PSRB requirement.

The following programme-specific regulations apply in respect of progression:

- Students must pass all level 4 modules and complete a declaration of Good Health and Good Character before progressing to level 5 study.
- Students must pass all level 5 modules and complete a declaration of Good Health and Good Character before progressing to level 6 study.
- Students must pass all level 6 modules, complete a programme of 4,600 hours of study which includes a minimum of 2,300 hours of professional practice. Students must meet the EU requirements set out in NMC Part 3 Standards for Pre-registration Nurse Education Section V2 5.2.1. Students must complete a declaration of Good Health and Good Character before progressing to the Award of BSc (Hons) Nursing (Adult).
- Students must pass all level 6 modules, complete a programme of 4,600 hours of study which includes a minimum of 2,300 hours of professional practice. Students must complete a declaration of Good Health and Good Character before progressing to the Award of BSc (Hons) Nursing (Mental Health).
- Students who fail a level 4 placement must redeem this before progressing to level 5 of the programme
- Students who fail a level 5 placement must redeem this before progressing to level 6 of the programme

- Students will only be able to fail and redeem one practice placement. Subsequent failure of another practice placement will result in discontinuation of the student's enrolment on the programme.

The following programme-specific regulations apply in respect of graduation:

BSc (Hons) Nursing (Adult)*	<p>Successful completion of</p> <ul style="list-style-type: none"> <li>• a programme of 4,600 hours of study which includes a minimum of 2,300 hours of clinical learning</li> <li>• all three academic levels gaining a total of 360 module credits including a pass for all practice placements</li> <li>• a Good Health and Good Character declaration.</li> <li>• the EU requirements for the nurse responsible for general care (Adult Health Only).</li> </ul> <p>Only this award carries eligibility for registration with the NMC.</p>
BSc (Hons) Nursing (Mental Health)*	<p>Successful completion of</p> <ul style="list-style-type: none"> <li>• a programme of 4,600 hours of study which includes a minimum of 2,300 hours of clinical learning</li> <li>• all three academic levels gaining a total of 360 module credits including a pass for all practice placements</li> <li>• a Good Health and Good Character declaration.</li> </ul> <p>Only this award carries eligibility for registration with the NMC.</p>
BSc (Hons) Applied Health Sciences	<ul style="list-style-type: none"> <li>• a programme of 4,600 hours of study which includes a minimum of 2,300 hours of clinical learning</li> <li>• all three academic levels gaining a total of 360 module credits including a pass for all practice placements</li> <li>• the EU requirements for the nurse responsible for general care (Adult Health Only).</li> </ul> <p>This will <b>not</b> enable eligibility to apply for registration with the NMC and consequently to practise as a registered nurse.</p>
BSc (Ord) Applied Health Sciences	<p>For those who have not met the credit requirements for the BSc (Hons) Nursing (Adult or Mental Health) but have achieved the regulatory credit requirements for the award of a degree of BSc (Ord) Applied Health Sciences will be given. This will <b>not</b> enable eligibility to apply for registration with the NMC and consequently to practise as a registered nurse.</p>
Aegrotat awards	<p>If a student is offered an aegrotat award as per University regulations, this does <b>not</b> confer eligibility to apply for admission to the NMC Register.</p>

\*Students must personally register the award with NMC within five years of course completion. This is in addition to the institutional registration of the award by the University.

### Late result modules

In order to accommodate completion of practice placements each academic year, this programme contains the following modules, where the result of the first attempt is not known in time for the June School Assessment Panels (or equivalent level progression point for non-standard entry points).

- NUR4004P Nursing Practice 1
- NUR5004P Nursing Practice 2
- NUR6004P Nursing Practice 3
- NUR5001M Integrative Nursing for the Person with Health Challenges
- NUR6005M Transition to Registration

### Internal and external reference points

This programme specification was formulated with reference to:

- [University mission and values](#)
  - [University 2026 Strategy](#)
  - [Frameworks for Higher Education Qualifications](#)
  - [NMC Standards for Nurse Education \(2018\)](#)
  - [NMC Quality Assurance Handbook \(2020\)](#)
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*Date written: May 2021*

*Programme originally approved: July 2021*